

**S9 Table. AMSTAR Scoring of Included Studies**

| Source                     | Criterion |   |   |   |   |   |   |   |   |    |    | Total | Category |
|----------------------------|-----------|---|---|---|---|---|---|---|---|----|----|-------|----------|
|                            | 1         | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |       |          |
| Breteler et al., 2013      | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0  | 1  | 10    | High     |
| Chien et al., 2010         | 1         | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1  | 1  | 8     | Moderate |
| Demicheli et al., 2014     | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1  | 1  | 11    | High     |
| Fielding et al., 2014      | 0         | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 0  | 0  | 5     | Moderate |
| Jackson et al., 2013       | 1         | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 1  | 1  | 8     | Moderate |
| Jefferson et al., 2008     | 1         | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 0  | 1  | 9     | High     |
| Jefferson et al., 2014     | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1  | 1  | 11    | High     |
| Li et al., 2015            | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1  | 1  | 11    | High     |
| Li et al., 2016            | 1         | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 0  | 1  | 9     | High     |
| Manzoli et al., 2011       | 0         | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1  | 1  | 8     | Moderate |
| Mizumoto et al., 2013      | 1         | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 0  | 1  | 5     | Moderate |
| Mukerji et al., 2015       | 1         | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0  | 1  | 3     | Low      |
| Osterholm et al., 2012     | 1         | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0  | 1  | 5     | Moderate |
| Perez Velasco et al., 2012 | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0  | 1  | 10    | High     |
| Wong et al., 2014          | 1         | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1  | 1  | 10    | High     |
| Yin et al., 2012           | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1  | 1  | 11    | High     |
| Yin et al., 2011           | 1         | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0  | 1  | 9     | High     |